



What's been happening in the world of Animal Fu?

May and June have been very busy months for Animal Fu. We are very excited to have signed up with two popular leisure centres and have rolled out classes in two of their west London sites – Acton (with Everyone Active) and Isleworth (with Fusion Lifestyle). Take a look at the photos below to see who turned up!



By signing up to our newsletter, you have chosen to be involved with us on this journey and we would like to send you a very warm welcome and a massive thank you!

Welcome Packs

We have 100 welcome packs to offer to members at £10 each.

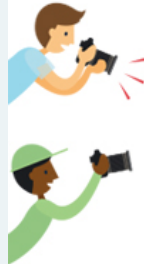
Ask your class instructor for more details.

Instructors

We will soon be rolling out Animal Fu across more Leisure Centre sites, so if you know anybody who would love to join Team Fu to become an instructor, just get in contact with us at info@animalfu.com with your teaching qualifications and CV.



Animal Fu Events



Linda Hall (Miss Fu) and the Animal Fu characters have attended a whole host of events over the past few months, such as sports/school fairs and charity events, to promote Animal Fu and spread the word about healthy eating and exercise leading to a healthy mind! You may have seen Miss Fu and her Animal Fu team in action and we would ask you to please send in your photos of you with any of the Animal Fu team for the chance to win a free membership pack in a prize draw each month



Please send your pictures to info@animalfu.com to be entered into the draw! Happy snapping!



Tuesday 27th June - Portobello Road, West London

DJ Fin and Miss Fu attended the Healing Centre at Portobello Road in London to share Animal Fu with children and families affected by the Grenfell Tower fire. **Miss Fu said:**

“Animal Fu is all about caring and sharing and we felt that the team should go and offer help and support to children and families affected by the fire. DJ Fin helped me with a class and we shared our music and stories - as DJ Fin’s motto is to **always show respect.**”

Miss Fu attended the launch of Animal Fu at Everyone Active Acton centre, where classes are being held on Thursday afternoons for 3-5 year olds

and for 5-7 year olds. We are looking forward to rolling out more classes across the Everyone Active network so please watch out for further updates as we continue to grow...

To book into any of the current classes, please call reception on 0208 825 9001.



**Saturday 3rd June - Everyone Active
Action Centre, West London**



**Saturday 24th June - Fusion Lifestyle
Isleworth Centre, West London**

Boris the Tiger and Miss Fu attended the launch of Animal Fu at the Isleworth centre of Fusion Lifestyle. Classes have started, running on Wednesday afternoons, from 4-4.30pm for 3-5 year olds and 4.30 – 5:15pm for 5-7 year olds. The final lesson before the summer break is on Wednesday 19th July 2017.

To book into any of the current classes, please call reception on 0345 456 6675.

Miss Fu and her team attended the UK Active Flame Awards in Telford this week, mixing with the rest of the fitness professionals from across the UK.

We entered the 'Shaping Young Lives' category – we didn't win this year, but just wait for next year. Master Storky's motto is **believe you can!**



Wednesday 28th June - UK Active Flame Awards

In the mean time...

Please follow Animal Fu online for stories, details about future events and parties at

www.animalfu.com

Make sure to keep up to date with us on -



twitter.com/animalfu



facebook.com/animalfitness



instagram.com/animalfu



Email info@animalfu.com



All that is left to say is have a great summer!

We will be sharing all our news in our next newsletter coming soon...



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